



Help Children See Other People's Perspectives

Talking about how others think and feel helps children understand stories, expands their vocabulary, and helps them relate to others. You can encourage children to put themselves in someone else's shoes using these fun tips:

Play Time

While drawing pictures with the child, make comments about what you're thinking and feeling. For example, "I'm *feeling* so excited to see your picture. I *think* you'll add my favourite colour, purple!" Pause and wait for them to respond.



Daily Activities

Encourage a child to think about how another child might be feeling. For example, "Sam wants to put his shoes on by himself, but he can't seem to do it. How do you *think* he *feels*?"

On the Go

If the child notices another child crying while you're outside or at the store, have a conversation about what might have happened to upset the child. Ask them to remember a time when they were that upset and what happened to make them feel that way.

Book Reading

Make a comment during book reading about how a character in the story might feel. For example, "I *think* David's parents are *feeling* angry because he won't go to sleep!" Pause and wait to give the child a chance to respond.



Notes