

INTRODUCTION

Full vs Adapted Hanen Programs for Parents via Telepractice

Hanen Programs are evidence-based. However, the evidence for these programs is based on studies of the “full” program. **Therefore, we can only say that the “full” Hanen Program is evidence-based.**

We have been approving adapted Hanen Programs to make it easier for you to share Hanen strategies with your clients. We know that time, funding and parent recruitment are all challenges. Many of you have said that parents can’t commit to the full program.

However, the goal of any Hanen Program must involve parents learning to change their interactive behaviour. Parent change leads to child change.

If we don’t give parents enough time to change their behaviour and maintain those changes in the long term, are we achieving this goal?

In order to learn new strategies and change their behaviour, parents need:

- enough time to go through the **process** of learning a new skill
- many opportunities to **discuss, reflect on and review** what they have learned
- many, varied opportunities to **practice** the new strategies both in simulated and real-life contexts and reflect on this and get feedback
- the SLP’s ongoing facilitation to enable them to **reflect on, evaluate and modify their interactive behaviour** so they can apply the strategy effectively and, in time, without support

Implementation science has also informed our thinking. An article by O’Connor, Small & Cooney, (2007) identifies which modifications are not acceptable to evidence-based programs as follows:

- Reducing the number or length of sessions or how long participants are involved
- Lowering the level of participant engagement
- Eliminating key messages or skills learned
- Removing topics

We are asking you, our members, who offer adapted Hanen Programs for parents:

**Consider offering the full program, if you haven’t done so till now.
Give parents an opportunity to gain the program’s full impact!
Telepractice should make parent attendance easier.**

We are here to support you!

Guidelines for Obtaining Permission to Offer an Adapted Hanen Program for Parents via Telepractice

What is an Adapted Hanen Program?

An Adapted Hanen Program® is based on an existing Hanen Program® for parents and has reduced or modified program content in order to fit into a condensed format.

Adapted Hanen Programs cannot be described as “evidence-based.”

*Please Note: Adaptations for programs for early childhood educators have different guidelines. Please contact copyright@hanen.org for more information.

Why must I request permission to offer an Adapted Hanen Program via Telepractice?

We ask members to submit an outline of their proposed adapted programs in advance so we can:

- ensure that the programs meet the established criteria
- provide guidance regarding topic selection, time allocation and adherence to principles of adult education
- ensure that adapted programs worldwide are of a similar quality

This quality assurance process ensures minimum standards for adapted programs so that parents, caregivers and educators receive a similar program worldwide and so that Hanen’s intellectual property is protected.

Please note: the cooperative agreement you signed to offer a Hanen Program via Telepractice states that advance permission in writing from The Hanen Centre is required to offer an Adapted Hanen Program® or to present any information contained in the *Making Hanen Happen Leaders Guide* outside of a full Hanen Program®.

What are the requirements for an Adapted Hanen Program via Telepractice?

The following are the minimum requirements for an Adapted Hanen Program via Telepractice:

- i) **A maximum of 8 families per program**
- ii) **Orientation session if it is a mandatory component (as in ITTT and MTW)**
- iii) **A pre-program consultation by the Hanen SLP/T leading the program which includes:**
 - **a communication assessment of each child; and**
 - **recording of the parent-child interaction**
- iv) **Individual goals for each child** – these are developed collaboratively with the parents during the pre-program consultation and are based on the SLP/T’s observations. Goals are modified, as necessary, as the program progresses.

- v) **A minimum of 5 group sessions and 12.5 hrs of group training**
- vi) All 4P Cycles, as outlined in the Making Hanen Happen Leaders Guide, **must remain as full 4P Cycles for all strategies being taught** (e.g. one P cannot be omitted, and the timing per cycle may not be reduced)
- vii) **The program includes at least one video feedback session. Offering two video feedback sessions is strongly recommended**

How do I begin to prepare an Adapted Hanen Program via Telepractice?

Step 1

Decide on the format and components of the adapted program you wish to offer via telepractice.

Please read the information below carefully!

We encourage you to follow the existing sessions as outlined in the most current version of the Making Hanen Happen Leaders Guides.

Format and Content of Adapted Programs

- Adapted programs that consist of the first 5 or 6 sessions exactly as outlined in the most current version of the Making Hanen Happen Leader's Guide and the Hanen Program Manual for Telepractice and one or two video feedback sessions **will be quickly approved**.
- Adapted programs that **include changes to the session outlines** as per the most current version of the Making Hanen Happen Leader's Guide and the Hanen Program Manual for Telepractice require review by the Copyright Committee and **will take time to be processed**.

NOTE: Adapted Program requests that involve changes to the existing sessions may not:

- Include information from other Hanen Programs
- Combine information from two sessions into one
- Include information from other sources
- Change the order of the content

When video feedback sessions must be offered

If you plan to offer the **first 5 or 6 sessions of the program and one video feedback**, there are requirements for when that video feedback session is provided (see page 4).

If you plan to offer the **first 5 or 6 sessions and two video feedbacks**, then you must follow the Making Hanen Happen Leaders Guide exactly as the current program is structured.

When to Offer Video feedback Sessions in an Adapted Hanen Program via Telepractice

It Takes Two to Talk®

If the first 5 or 6 sessions are offered with one video feedback session, the video feedback session must take place after Session 2:

Session 1 – Let Your Child Lead

Session 2 – Follow Your Child's lead

Video feedback session

Session 3 – Take Turns

Session 4 – Add Language to the interaction

Session 5 - Choosing Communication Goals and Adding Language to Build Understanding

More Than Words®

If the first 5 or 6 sessions are offered with one video feedback session, the video feedback session must take place after Session 2:

Session 1 – Follow Your Child's lead

Session 2 – Keep the Interaction Going

Video feedback session

Session 3 – ROCK in People Play

Session 4 – Help Your child Learn with Daily Routines

Session 5 – Take Out the Toys

TalkAbility™

If the first 5 or 6 sessions are offered with one video feedback session, the video feedback session must take place after Session 3:

Session 1 – Help Your Child Understand What You Say without Words

Session 2 – Keep the Conversation Going

Session 3 – Help your child Tune in to others

Video feedback session

Session 4 – Help your child Tune in to others (continued)

Session 5 – Extend and Pretend

STEP 2

Complete and submit the fillable form “Request to Offer an Adapted Hanen Program via Telepractice” – either Form 1 or Form 2

You can find this form in the “Copyright” area of the members’ website. Please complete the form online and submit it to copyright@hanen.org.

- A. Requests to offer an Adapted Hanen Program via telepractice that include the following components should be submitted using Form 1 and will be approved within a very short time period:**
- Sessions 1-5 or 1-6 exactly as outlined in the current version of the Making Hanen Happen Leaders Guide and the Hanen Program Manual for Telepractice, AND the first two video feedback sessions;
OR
 - Sessions 1-5 or 1-6 exactly as outlined in the current version of the Making Hanen Happen Leaders Guide and the Hanen Program Manual for Telepractice AND one video feedback session as required (see page 4)
- B. Requests to offer an Adapted Hanen Program via telepractice that do not contain the components listed in A above and that involve changes to program sessions should be submitted using Form 2. Your outline will be reviewed by the Hanen Copyright Committee.**

The Committee typically responds to requests within approximately 2-3 weeks of receiving them. After reviewing your request, we will inform you if your submission has been approved or if changes are requested. While we do our best to review all requests in a timely fashion, due to the high volume of requests, we ask that you submit your request as early as possible – **AT LEAST FOUR WEEKS BEFORE THE PROPOSED START DATE.**

STEP 3

Once your Adapted Hanen Program via telepractice has been approved, you will receive an agreement and will be asked to sign the agreement via DocuSign, unless otherwise instructed.

To protect our copyright, we ask Hanen SLP/Ts to sign an agreement regarding use of the Adapted Hanen Program via Telepractice. The agreement states that The Hanen Centre retains copyright of the Adapted Hanen Program since it is a variation of an original Hanen Program and it clarifies how the program may and may not be used.

Frequently Asked Questions

What is the term for offering this Adapted Hanen Program®?

The agreement provides you with permission to offer your approved adapted Hanen program via telepractice **in your current clinical setting repeatedly for up to 3 years**, provided you:

- a) maintain your Hanen certification by renewing your membership
- b) remain with the same employer identified in the agreement

Once the initial 3-year period is over, you will need to sign a new permission agreement in order to keep offering the adapted program. The Copyright Committee may recommend approval of the Adapted Hanen Program® for less than three years for various reasons.

What if I change employers?

The approval you receive for an adapted Hanen Program via Telepractice is tied to your current workplace. If you change employers, you are required to submit a new request for a previously approved adapted program.

Can other Hanen SLP/Ts in my organization offer the same Adapted Hanen Program® via telepractice?

Yes – if they submit the same request and if their membership is current. They are asked to sign the same agreement with The Hanen Centre.

Can I share the Adapted Hanen Program® with other SLPs outside of my organization?

No. Every SLP needs to request permission from The Hanen Centre to offer the program. If approved, we would send the program information to them directly.

What happens if my membership lapses or expires?

If you allow your Hanen membership to lapse or expire, you may no longer offer the Adapted Hanen Program® via Telepractice. If you renew your license, permission may be reinstated, depending on the length of time that your license has been expired. Once your membership has been renewed, please reach out to copyright@hanen.org. Please note that, if your permission is reinstated, your Agreement will be valid for the term length of the initial Agreement.